

**PRESIDENT'S MESSAGE***Donna Vredevoe*

As we begin this new year, we face several issues that will have significant impact on the Emeriti Association in years to come. There is a proposal to demolish the present Faculty Center and replace it with space within a Residential Learning Conference Center to be built on that land. This has been met with responses ranging from heated opposition to resignation that the decision has already been made.

The Emeriti Association has a representative on a committee, chaired by former Interim Chancellor Norman Abrams, which is examining the impact of this proposal. Currently deliberations of that committee have convinced many Emeriti that the consultative process for this project is flawed. This brings us again to understand the importance of shared governance in faculty-administration decisions. This project is particularly important because it was developed to meet a need for an on-campus residential facility for conferences to be called by faculty. It is critical to the future of the Emeriti Association because most of the events of the Association utilize space within the Faculty Center.

Thus, both interim and final arrangements for Faculty Center

space within the Residential Conference Facility are under scrutiny by our organization. This is creating an unexpected diversion throughout this academic year.

Our "Giving Back" activities are progressing nicely with progress in development of the undergraduate student mentoring program. We are proceeding to tighten the legal infrastructure of the organization and its outreach activities.

As emeriti we pass through the last stage of a career. Few professions last throughout a lifetime, and that of a professor occupies a unique place in the continuum of career and passage of time. As such, we must grapple with the loss of colleagues. We mourn the passage of several of our colleagues during the past year and look to the new year as a time that may include our last days with some of our friends. It is good to realize that colleagues want to spend their last days with UCLA friends. We seek to find ways to facilitate this bond.

We enjoy a rich variety of programs. We urge all of you to join us for the interesting dinner meeting speakers, product instruction seminars, financial advice and other programs. There is something for everyone. We will be selecting winners of our research awards which remind us just how much some faculty give back after retirement. Join us as we enjoy another year together.

**DINNER SPEAKER  
DR. GARY SMALL**

On Wednesday February 2, 2011, Professor **Gary Small, M.D.** will tell us about "The Naked Lady Who Stood on Her Head: A Psychiatrist's Stories of His Most Bizarre Cases."

Gary Small is Professor of Psychiatry and Biobehavioral Sciences, UCLA, Parlow-Solomon Professor of Aging, Founding Director of the UCLA Memory Clinic, and Director of UCLA Center on Aging. Dr. Small received his M.D. degree at USC in 1977. He completed his Residency in Psychiatry at Massachusetts General Hospital; and a Fellowship in Psychiatry at UCLA School of Medicine. He is the recipient of numerous awards and honors, including the Jack Weinberg Award from the American Psychiatric Association and the Senior Investigator Award from the American Association for Geriatric Psychiatry. *Scientific American* magazine named him one of the world's top 50 innovators in science and technology.

Dr. Small has developed the first brain scan that allows doctors to see the physical evidence of brain aging and Alzheimer's disease in living people. He now leads a team of neuroscientists who are demonstrating that exposure to computer technology causes rapid and profound changes in brain neural cir-

cuitry. Professor Small has authored more than 400 scientific publications, as well as the international bestsellers *The Memory Bible*, *The Memory Prescription*, and *The Longevity Bible*, universally praised as a detailed and practical guide to healthy aging.

His presentation draws on case studies from thirty years experience in psychiatry, described in the speaker's most recent book, co-authored with Gigi Vorgan, *The Naked Lady Who Stood on Her Head* (Harper-Collins, 2010). It has been described as "an illuminating journey into the mind of a practicing psychiatrist and his life in medicine as it evolves... his career and personal life come full circle when his own mentor becomes his patient, making Small realize that no one is beyond mental exploration."

An informal reception will begin at 4:45 p.m. followed by dinner at 6:00 p.m. The presentation begins at 7:00 p.m. and includes opportunity for questions and discussion.

Gloria Dixon  
Program Committee

## AFTER-LUNCH PROGRAMS

After-lunch programs will be held in the Hacienda Room of the Faculty Center. An informal reception will begin at 1:00 p.m. with light refreshments. Presentations begin promptly at 1:30 and include opportunity for questions and discussion.

**Thursday, March 10, 2010:** Professor **Daniel J. Siegel, M.D.**, UCLA Center for Culture, Brain,

and Development; Co-Director, Mindful Awareness Research Center. "Mindsight: The New Science of Transformation".

Dr. Siegel received his medical degree from Harvard University and completed his postgraduate medical education at UCLA. He served as a National Institute of Mental Health Research Fellow and is an award-winning educator practicing psychiatry for over twenty five years. He also serves as the Executive Director of the Mindsight Institute, an educational organization that focuses on how the development of mindsight in individuals, families and communities can be enhanced by examining the interface of human relationships and basic biological processes. Dr. Siegel has written several books including the internationally acclaimed text, *The Developing Mind; Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*; and *The Mindful Brain: Reflection and Attunement in the Cultivation of Well-Being* (Random House, 2010).

This presentation draws on his most recent book with the above title. Based on 25 years of clinical experience, Professor Siegel examines the interactions among the mind, the brain, and human relationships and explores the ways to create a healthy mind, an integrated brain and mindful, empathic relationships. He defines *mindsight* as a potent skill that is the basis for both emotional and social intelligence. He will discuss the ways in which *mindsight* allows one to deal with such problems as an unshakable memory that continues to torment; an unreasonable anger or upset which is difficult to calm down;

an inability to alter self-destructive behavior; an unreasonable pattern of conflict with a child, parent, partner, or boss.

Gloria Dixon  
Program Committee

**Thursday, April 14, 2011:** Professor **Shelley E. Taylor**, Department of Psychology, "Understanding Vulnerability of Older Adults to Financial Fraud"

News stories reveal how vulnerable people are to financial fraud, and no one is more vulnerable than older adults. Some of the reasons are that older adults have more assets that are easily available. But some experts believe that older adults have other qualities, such as a positivity bias and an enhanced sense of trust, that make them especially vulnerable to scam artists. Professor Taylor will describe her program of research on vulnerability to financial fraud and factors that may be especially relevant to older adults. Using a combination of questionnaire studies, experiments, and functional magnetic resonance imaging, her work explores the social and neural foundations of vulnerability to fraud.

Shelley E. Taylor received her Ph.D. in Psychology from Yale University. After a visiting professorship at Yale and assistant and associate professorships at Harvard University, she joined the faculty of UCLA in 1979 where she played a major role in the development of the Program in Health Psychology. Her research interests include the psychological and social origins and moderators of biological responses to stress. Professor Taylor is the recipient of a number of awards, most notably election to the National Academy of Sciences,

the Institute of Medicine, and the American Academy of Arts and Sciences. She received the American Psychological Association's Distinguished Scientific Contribution to Psychology Award, the William James Fellow Award of the Association of Psychological Science, the Donald Campbell Award in Social Psychology, a 10-year Research Scientist Development Award from the National Institute of Mental Health, an Outstanding Scientific Contribution Award in Health Psychology, and the Lifetime Achievement Award from the American Psychological Association. She is the author of more than 350 publications in journals and books and is the author of *Social Cognition*; *Positive Illusions*; *The Tending Instinct*; and *Health Psychology*, a pioneering text in a rapidly growing field.

*Herb Kaesz and Bertram Raven  
Program Committee*

## **PLANS ARE FIRM FOR 2011 ARTS AND CRAFTS EXHIBIT**

The plans for the **Sylvia Winstein UCLA Emeriti Arts and Crafts Exhibit**, 2011 are firm. It will be the 33rd opening of a favorite emeriti celebration. Once again the show opens in the California Room of the Faculty Center at 11:00 a.m. until 4 p.m. of Tuesday, May 17.

All emeriti will receive an invitation to this happily anticipated emeriti event. The invitation cover is usually a reproduction of a piece of a featured artist's work and will reveal the carefully preserved secret of this year's Featured Artist's identity.

The California Room doors open at

11:00 Tuesday morning to allow visitors ample opportunity for viewing, with time to linger amid the displays and visit with the artists.

The reception commences around 2:30 p.m. with introductions to the artists, highlighted by a champagne toast. A festive buffet is served on the patio. Choose a seat in the sun, perhaps catch up on friendships and after that, find more time to wander through the exhibits.

The range of work shown over the years, is considerable; from full-scale handmade furniture to fragile hand painted eggs. Textiles are a part of the show, a master weaver has shown woven work as large-scale art pieces, there are intricate quilts, needle worked objects, garments and hand painted scarves.

Strong contributions are the canvas paintings, works on paper, carvings and sculpture, jewelry, photographs, ceramics and Bonsai. The aesthetic productions shown are limited only by the artists' imaginations. What we will see at the 2011 exhibit is a mystery to be anticipated. Sometimes, an artist will part with an art piece for ready money, a rare event, but not unheard-of.

The many features combine to make the exhibit a pleasure not to be missed.

The Sylvia Winstein UCLA Arts and Crafts Exhibit is funded through generous donations from friends and the emeriti community. For decades Sylvia Winstein was the chairman and energetic spirit of the art show and her generous bequest continues to help with the exhibit. The Emeriti Association

and the Emeriti/Retirees Relations Center sponsor the show. The Arts and Crafts Committee includes Noël Carterette, Toshi Ashikaga, Robert Blattner, Dorothea Frederking, Mary Alice Rudolf, Paul Sheats, Robert Scott, Ralph Turner, Jane Permaul, Donna Vredevoe, Eddie Murphy, Kathi Yamazaki, Marisol Aguilar, and Maria Lubrano.

If you or someone you know would like to show creative work in the exhibit, please call Noël Carterette at (310) 476-9935 or the Emeriti/Retirees Relations Center at (310) 825 7456.

*Noël Carterette, Chair  
Arts and Crafts Committee*

## **NOMINATIONS OPEN FOR 2010 EMERITUS/A OF THE YEAR AWARD**

Each spring the Executive Board of the UCLA Emeriti Association, on recommendation of the Awards Committee, selects as Emeritus or Emerita of the Year an individual who has continued since retirement to make outstanding contributions to the University and to emeriti activities.

Selection of the Emeritus/a of the Year is based in large part upon nominations submitted by emeriti who know of and are conversant with the pre- and post-retirement activities of the individuals to be considered. These contributions may also include extramural professional activities and significant contributions to the community at large. Nominations should include a summary of the nature and extent of the nominees' contributions and a statement evaluating their significance.

Nominations and supporting material should be sent by Friday, March 4, 2011 to:

Eric Fonkalsrud,  
UCLA Emeriti Association  
1116 Rolfe Hall, Box 951437  
Los Angeles, CA 90095

## CHANGE OF OFFICERS

Carmine Clemente has asked to step down from the office of Vice President/President-Elected. At its January 5, 2011 meeting, the Emeriti Association Executive Board voted unanimously to elect Eric Fonkalsrud, Emeritus Professor of Surgery and Emeritus Chief of Pediatric Surgery, to the office vacated by Dr. Clemente. Dr. Fonkalsrud will therefore become EA President for 2011/2012. We thank Dr. Clemente for all he has done in his position, and are grateful to Dr. Fonkalsrud for succeeding him.

## SUGGESTIONS FOR EMERITI OFFICERS ARE REQUESTED

The election of Emeriti Association officers for 2011/2012 will be held at a brief business meeting following the Spring Dinner on Wednesday, May 11, 2011. The offices to be filled this year are Vice President/President Elect, Recording Secretary, and one Member at Large. Present Officers (except Vice President/ President Elect) may be nominated for re-election. A slate of candidates will be presented at the meeting by the chair of an ad hoc Nominating Committee appointed by the President. Your suggestions, including self-nominations, for next year's officers will be greatly appreciated.

## IN MEMORIAM

Mattei Dogan 1920-2010  
Barbara Packer 1947-2010  
Lowell Paige 1919-2010  
Arthur Rosett 1934-2011  
Eugene Wolfenstein 1940-2010  
Michio Yanai 1932-2010

Please send them by Friday, March 4 to:

Donna Vredevoe, President  
UCLA Emeriti Association  
1116 Rolfe Hall, Box 951437  
Los Angeles, CA 90095

## FROM THE CENTER

*Eddie Murphy, Director*

Gratitude: I would like to take this opportunity to thank all of you who responded to the recent solicitation by the Emeriti/Retirees Relations Center Fund's Advisory Committee. The response in contributions has been very encouraging, and the stream continues. As you know, the fund was recently named for the founding director of the Center, the late Marian G. Broome. The Advisory Committee is meeting to discuss ways in which to acknowledge Marian's contribution of pioneering the creation of the first Emeriti Center in the nation. Again, many thanks to those who have contributed; we hope others will follow their generous lead.

**FIRST FRIDAYS:** The popular technology clinic established by the Emeriti/Retirees Relations Center in partnership with the UCLA Office of Information Technology last spring continues. Please bring any electronic device you desire help with to the clinic and you will receive one-on-one assistance. The next workshop will be held on Friday, February 4 from 9 a.m. to 11:30 a.m. in Powell Library, Room 320C. If you plan to attend, please respond to (310) 825-7456 or [emeriti@errc.ucla.edu](mailto:emeriti@errc.ucla.edu). Please respond early, as space is limited.

**UC Medical Plan Enrollment:** Please review your 1/1/11 retirement earnings statement to confirm that your 2011 Open Enrollment choices are reflected correctly. If you have any questions, please call the customer service number at 1-800-888-8267.

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